



**BE A  
QUITTER  
FOR LIFE!**

## **Some things are OKAY to QUIT**

- **FREE Virtual Quit Nicotine Classes Starting March 1, 2021 - Mondays 6-8:00 p.m. OR Thursdays 3-5:00 p.m.**

**VISIT <https://bit.ly/2Y5quod> TO SIGN UP**

or contact Hailee Tilton at  
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